

Sally Lindsay Honey Biography (aka: Sarah Lindsay Honey)

Sally Lindsay Honey, 827 Lytton Avenue, Palo Alto, CA 94301, 650-328-3428
Director: SailMail Association, providing worldwide email to 2400+ vessels
39270 Paseo Padre Parkway, # 850, Fremont, CA 94538
Husband: Stanley K. Honey, professional sailor, navigator, technical innovator
Son: Tamsin Breck Lindsay, b. 4-28-72, married to Jenell Shin

Born: 31 March 1944, Urbana, Illinois

Education: BA, Anthropology, University of Pennsylvania, 1967

MA, Literature, Stanford University, 1997

Multiple Creative Writing classes at Stanford University

Advanced Meteorology course at Maritime Institute of Technology, Seattle, WA

Current Volunteer Positions: US Sailing, Safety At Sea Committee, chair; World Sailing, Offshore Special Regulations Sub-committee

Employment:

1998 – present: Director/administrator of SailMail Association, email service for yachts via Iridium, Inmarsat, or SSB (www.sailmail.com)
1979 – 2007: Owner/president, Precision Technical Sewing, Inc. and Spinnaker Shop, Palo Alto, CA
Sailmaking, marine canvas, and industrial sewing for the aerospace, electronics, medical, and exhibit industries. (www.techsewing.com, www.spinnakershop.com)
1975 – 1979: Sail designer and production manager, One-Design Department, North Sails East, Stratford, CT
1972 – 1975: owner, Sally Lindsay Sailmakers, Swampscott, MA
Fall, 1971: seamstress, Cressy and Curtis Sailmakers, Marblehead, MA
January - June 1970: Transatlantic crossing, Canary Islands to Antigua, then boat maintenance person on 45' sloop, English Harbor, Antigua.
1969: Sail cutter, Dyson Sails, Marblehead, Massachusetts.
1969: Sail cutter/layout, Hood Sails, Marblehead, Massachusetts.
1968: Research Assistant, Laboratory of Community Psychiatry, Community Mental Health Study, Harvard University, Cambridge, MA.
1967: Research Assistant, Boston College, Chestnut Hill, MA.
Jan - Mar 1963: office assistant, Earle Reynolds, anti-war activist, Hiroshima, Japan
Summer, 1962: sailing assistant, Clews Boat Centre, Sailfish/Sunfish rentals and instruction, Shipbottom, NJ.

Sailing History:

International 505:

1972, 73, and 74: New England Seasonal 5-0-5 Championship, 1st
1973,74,76,77: Bermuda International Race Week, 5-0-5, 1st, skipper
1973: East Coast 5-0-5 Champion
1974: Canadian Olympic Regatta at Kingston, 5-0-5, 1st skipper
1978: North American 5-0-5-Championships, 1st, skipper
1970-90: Campaigned 5-0-5's in numerous international championships, including (7) World Championships (Santa Cruz, Bermuda, France, Denmark, Australia, San Francisco, France) generally finishing in the top 20 and always the top woman; and including (2) Pacific Championships, in Hong Kong and Japan, finishing 3rd.

Other Small Boat Racing:

1972: Adams Cup, Women's North American Sailing Champion, 1st, skipper
1975: Memorial Adams Cup, 1st, skipper
1979: Memorial Adams Cup, 1st, crew
1970 - 90: Many additional regional, national, and international regattas in Thistles (1st crew Nationals and Mid-winters), Fireballs (2nd skipper Nationals), 470s, Dragons, Melges 24 as skipper and crew.

Off-shore Big Boat Racing:

1962,64: Annapolis-Newport Race, NY 32, "Proton", crew
1969: Block Island Race Week, NY 32, "Proton", foredeck boss
1970: Newport-Bermuda Race, NY 32, "Proton"
1990: Double-handed Pacific Cup, San Francisco-Hawaii, Cal 40 "Illusion", co-skipper

1992: Pacific Cup, fully crewed, Schumacher 50, "Heart of Gold", crew, 2nd
 1993: Double-handed Ocean Series, San Francisco Bay, Cal 40 "Illusion", 1st
 1993: Long Beach-Cabo Race, "Heart of Gold", watch captain
 1994: Pacific Cup, fully crewed, Express 37, "Mélange", crew, 2nd in class
 1996: Pacific Cup, double-handed Cal 40 "Illusion", First Overall, First Double-handed, Fastest Corrected Time any race
 1990-98: Double-handed Farallones, SF Lightship, Vallejo races, etc., Cal 40 "Illusion" many 1st, 2^{nds}
 1998: Antigua Race Week, Sayonara, crew
 2002: Antigua Race Week, Pyewacket, crew
 2003: TransPac, Cal 40 Illusion, co-skipper, 1st in class, 3rd overall
 2005: TransPac, Cal 40 Illusion, skipper-navigator, 2nd in class
 2010: Newport-Bermuda Race, Cal 40 "Gone With the Wind", navigator, 3rd in class, 8th overall
 2013: Double-handed Farallones race, Cal 40 "Illusion", 1st overall

In-shore Big Boat Racing:

2001: San Francisco OYRA (ocean series) Season Championship, Cal 40, Illusion, co-skipper
 2002: San Francisco HDA (Handicap) Season Championship, Cal 40, Illusion, co-skipper
 2007: Big Boat Series, Santa Cruz 52, Winnetou, crew 2nd
 2008: Big Boat Series, Schumacher 46, Surprise, crew
 2008: Chicago – Mac, Beneteau 44.7, Indecision, watch captain
 2009: Big Boat series, Express 37, Golden Moon, crew

Off-shore Delivery/Cruising History:

1956: Ten days cruising Cape Cod on the 48' eight meter, "Proton"
 1954-68: Many weekend cruises on the Chesapeake Bay, "Proton"
 1966: July and August, charter crew, 48' Alden schooner, "Olad", St Thomas, V.I.
 1968: Delivery, Bermuda to Annapolis, 45' New York 32, "Proton"
 1970: December, Transatlantic crossing, Canary Islands to Antigua, "Proton", watch captain
 1971: Jan - June, Live aboard & maintain the 45' NY 32, "Proton", English Harbor, Antigua
 1970-74: multiple week-long cruises, Maine coast, Amphibicon 26
 1973: two-week cruise, Camden to Rocque Island, 36' catamaran
 1991: delivery, Hawaii to San Francisco, Cal 40, "Illusion", co-skipper
 1993: week-long instructional cruise, Maine coast, C & C 40, instructor
 1996: July-October, Hawaii - Vancouver Island, British Columbia, 2-handed, Cal 40, "Illusion"
 1997: July-October, Cruise Anacortes to Glacier Bay to San Francisco, Cal 40, "Illusion"
 2001: PlayStation, Morrelli-Melvin Catamaran, delivery Philadelphia to New York City, crew
 2003: double-handed delivery, Hawaii to San Francisco, Cal 40, "Illusion", co-skipper
 2014: double-handed cruise from San Francisco to Los Angeles, Cal 40 Illusion
 2015,16: double-handed cruising in the Sea of Cortez, Cal 40 Illusion
 2016-19: double-handed cruising, Mexico-Panama Canal-Newport RI, Cal 40 Illusion

Sailing Awards and Service:

1972: 5-0-5 Fleet 6, fleet captain
 1973: Martini and Rossi (now Rolex) Yachtswoman of the Year
 1974: Martini and Rossi (now Rolex) Yachtswoman of the Year
 1981: American Section President, International 505 Class
 1994: Pacific Cup Board of Directors, Seminar organization, including SAS seminars
 1994,95 and 96-97: Sailing World Boat of the Year Panelist
 1995 to 2005: coach for various women's sailing clinics
 2002-2004: Pacific Cup Board of Directors for 2004 race, SAS seminars
 2011-12: Pacific Cup Offshore Academy, organizer, moderator
 2011- present: US Sailing, Safety At Sea Committee, current chair
 2012: US Sailing Full Crew Farallones Independent Investigation, committee chair
 2012- 14: Cruising Club of America, local station safety officer, Safety at Sea committee
 2013: America's Cup Safety Review Panel following the Artemis tragedy
 2016: Safety at Sea Core Topics Handbook, editor, written for US Sailing
 2016-17: US Sailing's Safety at Sea Handbook, editor

Memberships - current:

Pacific Cup Yacht Club, St Francis Yacht Club (spouse), US Sailing, TransPac Yacht Club, South Beach Yacht Club, Cruising Club of America, New York YC (spouse), Storm Trysail Club.

Contributions: Pacific Cup YC Board of Directors and seminar organizer, including several Safety-At-Sea Seminars; Cruising Club of America local station safety officer and program organizer; multiple lectures on sailing and sailmaking to various organizations; instruction in dinghy and big boat sailing. Chair, US Sailing Farallones Investigation. Committee member, US Sailing Safety At Sea Committee and Cruising Club of America Safety and Seamanship Committee. Board Member, Call of the Sea Tall Ship Educational Tall Ships, Co-writer, US Sailing's Safety at Sea, A Guide to Safety Under Sail and Personal Survival